Veterans Park District

Programs & Happenings

Early Childhood

Lucky Leprechauns Parent & Tot Workshop • Ages 2-5

Celebrate St. Patrick's Day with a magical journey! Kids will explore shamrocks, leprechauns and rainbows! They might be lucky enough to find a pot of gold.

 Monday, March 17; 10:15-11 a.m.; Grant Park Recreation Center, 44 W. Golfview Dr., Northlake; Fee – R\$20/NR\$30.

Toddler Turf Time · Ages 2-5

Join us for a fun-filled morning of fitness and sports challenges. Led by Ms. Monica, the park district's early childhood instructor, children will be introduced to fitness and sports equipment in a positive and playful setting. Each session features themed play-based stations, interactive circle time with music and movement, and mini fitness activities.

 Mondays, April 14-May 19; 10-11 a.m.; Leoni Complex, 800 N. 17th Ave., Melrose Park; Fee – R\$65/NR\$75.

Bunny Bonanza Parent & Tot Workshop · Ages 2-5

Hop into spring with our bunny-themed workshop! Participants will enjoy creating colorful eggs, festive baskets and delightful bunny crafts.

• Thursday, April 17; 10:15-11 a.m.; Grant Park Recreation Center, 44 W. Golfview Dr., Northlake; Fee – R\$20/NR\$30.

Creative Arts

Drawing 101 · Ages 6+

Drawing introduces a new perspective of the world. Basic drawing techniques will be covered, such as tracing, penciling in and shading. This class is aimed to help young children expand their imagination, use their creative side and interpret the world around them. Supplies are included.

• Mondays, March 31-May 5; 6:30-7:30 p.m.; Grant Park Recreation Center, 44 W. Golfview Dr., Northlake; Fee – R\$70/NR\$95.

Intro to Acrylic Painting • Ages 6+

Children will learn to express themselves through painting in this fun and fulfilling class. This program gives children the opportunity to become more creative, increase their critical thinking skills and gain a lifelong appreciation of art. Supplies are included.

Saturdays, April 5-May 17 (not offered on April 26); 12:30-1:30 p.m.;
 Grant Park Recreation Center, 44 W. Golfview Dr., Northlake; Fee – R\$70/NR\$95.

Youth Sports

Volleyball · Ages 8-12

This fun and instructional program prepares players to succeed in volleyball. Players will improve their serving, bumping, setting and spiking skills. Games will be played throughout the program. Teamwork and good sportsmanship are stressed.

 Mondays, March 24-April 14; 4-5 p.m.; Grant Park Recreation Center, 44 W. Golfview Dr., Northlake; Fee – R\$55/NR\$70.

Flag Football · Ages 8-12

In this noncompetitive slow-paced class. Players will learn sound fundamental offensive and defensive football skills like passing, catching, defensive positioning and football formations.

 Thursdays, March 20-April 10; 5-6 p.m.; George Leoni Complex, 800 N. 17th Ave., Melrose Park; Fee – R\$55/NR\$70.

Mini Basketball · Ages 4-7

This four-week clinic, led by VPD staff, focuses on developing ball handling, passing and shooting. Players will significantly improve their basketball skills!

• Tuesdays, March 18-April 8; 4-4:45 p.m.; Grant Park Recreation Center, 44 W. Golfview Dr., Northlake; Fee – R\$55/NR\$70.

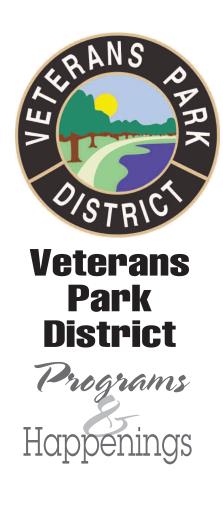
Fitness Classes

We offer a variety of fun, exciting fitness classes for all ages and fitness levels. Our classes include Zumba, Pump & Sculpt, Strong Nation, Middle Eastern Belly Dancing, Chair Yoga, CIRCL Mobility, Youth Fitness, Youth Boxing and Youth Speed & Agility. Call Cimbalo Fitness Center at (708) 343-5151 for more information.

Golf Simulator

Come experience Cimbalo Fitness Center's Golf Suite! Featuring a state-of-the-art Full Swing® golf simulator, our golf suite allows you to have a fun, realistic golf experience year-round. Our golf simulator offers something for everyone of all ages and experience levels, from the super competitive golfer to the super casual. With over 85 courses, multiple skill challenge courses, a driving range and a variety of challenge games/modes of play, we can provide users with a great experience customized to their goals, whether that be improving their golf game or just having fun. Pricing is \$40 for one hour and \$20 for a half-hour rental. Please call ahead to reserve a time slot. Cimbalo Fitness Center is located at 1203 N. 24th Ave., Melrose Park. Call (708) 343-5151 to reserve a time.

Call us for more information on our upcoming programs, (708) 343-5270, or check our website at www.vpdpark.org or our Facebook Page for updates.











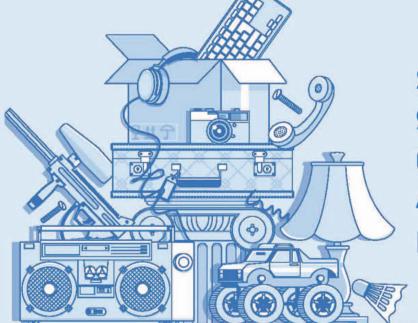




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INDOOR FAMILY GARAGE SALE 8 FLEA MARKET



SATURDAY, APRIL 26
9 AM-2:30 PM
GRANT PARK GYMNASIUM
44 W. GOLFVIEW DR.
NORTHLAKE

Free entry to SHOP!

Sellers secure your spot at our sale by registering in advance!

Space is limited.

Seller's registration fee is only \$25 for residents / \$35 for non-residents

Registration deadline is April 21st.

Contact us today to obtain a seller's application form.

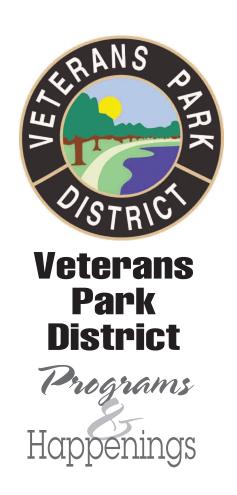
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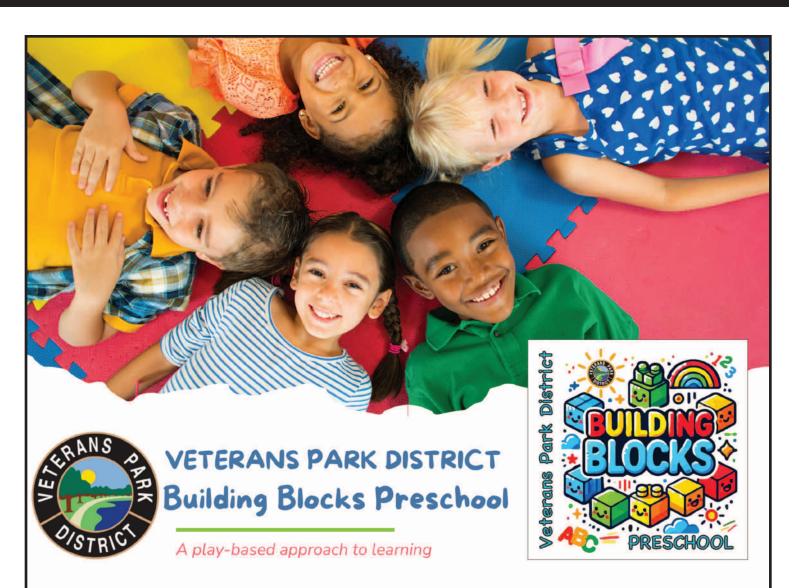












Ages 3-5 / Registration is ongoing / AM classes 9am-12pm

Building Blocks Preschool Program

OPEN HOUSE Saturday, March 29

Call us for more info

+708-343-5270

Bulger Park Community Center

1601 Hirsch St., Melrose Park

708-343-5270 vpdpark.org gregstanczyk@vpdpark.org













Veterans Park District





Scramber EGG HUNT

AGES 2 -10

Friday, April 11 HUNT BEGINS AT 6:30PM !!!

ARRIVE BY 6PM AND BRING YOUR EASTER BASKET

BULGER PARK PLAYGROUND

1601 Hirsch, Melrose Park

WWW.VPDPARK.ORG



708-343-5270











